



## BREAKFAST BOWL 7.95

Greek yoghurt topped with crunchy granola, honey and a red berry compote

# BERRY & GRANOLA SMOOTHIE BOWL 8.95 🔵 🍩 🗸

Mixed red berries, banana and agave syrup blended with greek yoghurt Topped with crunchy granola, coconut flakes and fresh fruit

# MANGO & BANANA SMOOTHIE BOWL 8.95 • • V

Mango and banana blended with greek yoghurt Topped with crunchy granola, coconut flakes, chia seeds, blueberries and mint

# WAFFLES YOUR WAY 9.95 • • • •

A waffle stack with a choice of 2 toppings

Maple syrup | Whipped cream | Chocolate spread • • | Crispy bacon | Fried or Poached egg (Additional toppings + 1.00) • Feeling naughty? Add a scoop of Vanilla or Chocolate Ice Cream + 1.50 •

#### SLIGHT BITE 9.95 0

l egg (fried, poached or scrambled ) with 1 rasher of English bacon, 1 butcher sausage, baked beans, home-made hash brown, grilled tomato, mushrooms & toast\*

BIG BITE 12.95 • 2 eggs (fried, poached or scrambled • ) with 2 rashers of English bacon, 2 fresh butchers sausages, baked beans, home-made hash brown, grilled tomato, mushrooms & toast\*

#### VEGGIE BITE 9.95 VEGGIE BITE 9.95

2 eggs (fried, poached or scrambled), vegan sausage, baked beans, home-made hash brown, grilled tomato, mushrooms & toast\* (Vegan option without eggs 8.95 ) Vg

## EGGS BENEDICT 10.95 🔵 🔵 💿

2 poached eggs and crispy bacon with a home-made Hollandaise sauce, served on a toasted bun

# EGGS ROYALE 11.95 • • • •

2 poached eggs and smoked salmon with a home-made Hollandaise sauce, served on a toasted bun

# BITE BREAKFAST STACK 9.95

A layered stack of fried tomatoes and English bacon between toasted bread\*, topped with a poached egg, a generous drizzle of Hollandaise sauce and served with a side of maple tossed rocket

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Smoked salmon scrambled and seasoned together with eggs, served on toast\*

# BITE OMELETTE 9.95 • V

2 egg omelette with a choice of up to 3 fillings, served with toast\*
Fillings: Cheese | Tomato | Onion | Mushroom | Peppers | Bacon
Additional filling + 0.50 | Bacon + 1.00
(3 egg omelette + 1.00)

# AVOCADO TOAST 8.95 Vg

Creamy smashed avocado seasoned with chilli flakes, served on toast\* (Add fried or poached egg + 1.00 ●)

# \* Toast: Granary or White

+0.50
+0.50
+1.00
+1.50
+2.50
+3.00

#### Allergens Guide



All our ingredients are 100% gluten free and all food is prepared in an area free from gluten to best avoid cross contamination.

● Dairy ● Nuts ● Fish ● Milk ● Sulphur ● Egg ● Soy ● Shellfish

Mollusks 🕕 Celery 🌑 Mustard 🕒 Corn 🧶 Sesame 🌑 Peanuts

# SOFT DRINKS

Coke   Coke Zero	2.50
Sprite	2.50
Fanta Orange   Lemon	2.50
Aquarius Orange   Lemon	2.50
Nestea Lemon   Passion Fruit & Green Tea	2.50
Red Bull	3.50
Still Water (500 ml   1 ltr)	2.50   4.00
Sparkling Water (500 ml   1 ltr)	2.50   4.00

#### HIICES

Orange Juice	2.50
Apple Juice	2.50
Pineapple Juice	2.50
Peach Juice	2.50
Tomato Juice	2.50
Freshly Squeezed Orange Juice (Small   Large)	3.50   4.50

#### TEA

Twinings English Breakfast Tea (Decaf available)	2.30
Twinings Earl Grey	2.30
Tea Infusions	2.20

Green Tea | Green Tea & Lemon | Original Mint | Moroccan Mint | ( Ginger & Matcha | Apple & Cinnamon | Blueberry Hibiscus & Rose Dragon Fruit & Raspberry

# COFFEE

Espresso	2.30
Macchiato	2.40
Cortado	2.40
Americano	2.50
Café con Leche	2.50
Cappuccino	2.70
Mochaccino	2.70
Latte	3.00
Iced Latte	3.00
Frappe Latte	4.00
Vanilla   Caramel   Hazelnut   Cinnamon   Chocolate   V	White Chocolate

ADD Syrup to any coffee		+ 0.50
(Vanilla   Caramel   Hazelnut	Cinnamon)	

# **SPECIALITY HOT BEVERAGES**

Matcha Tea Latte	3.50
Chai Spiced Vanilla Latte	3.50
Hot Chocolate (Topped with whipped cream)	3.00

# **MILKS ALTERNATIVES**

Lactose Free	
Soya	+ 0.50
Oat	+ 0.50
Almond	+ 0.50

