

MAINS

SALADS

CHICKEN CEASAR SALAD 12.95

Grilled chicken, bacon, home-made seasoned croutons and parmesan cheese, served on a bed of crispy romaine lettuce. Tossed in a home-made Caesar dressing

GOATS CHEESE SALAD 12.95

Caramelised goats cheese, apple slices and walnuts, served on a bed of mixed lettuce. Topped with a balsamic glaze

PRAWN & AVOCADO SALAD 13.95

King prawns, avocado, cherry tomatoes, served on a bed of mixed lettuce. Topped with a home-made Marie Rose dressing

BURRATA & POMEGRANATE SALAD 12.95

Creamy burrata cheese and pomegranate seeds, served on a bed of mixed salad with a home-made pesto oil

VEGAN "CHICKEN" SALAD 10.95

Pan fried vegan "chicken" strips, cherry tomatoes, chick peas and avocado on a bed of mixed salad leaves with a home-made vinaigrette dressing

STARTERS

CLASSIC PRAWN COCKTAIL 10.95

Prawns and diced apple on a bed of crisp iceberg lettuce, mixed with a home-made Marie Rose sauce

GAMBAS PIL PIL 12.95

Succulent king prawns in a chilli and garlic sizzling oil. Served with toasted baguette bites

MUSHROOM PIL PIL 9.95

Mushrooms in a chilli and garlic sizzling oil. Served with toasted baguette bites

SALT & PEPPER CALAMARI 11.95

Fried baby squid in a salt & pepper crust, served with a lemon and lime mayo

PADRON PEPPER PLATTER 9.95

Platter of grilled padron peppers, served with a side of home-made hummus, olives, cherry tomatoes and toasted baguette bites

CHICKEN CURRY CROQUETTES 9.95

Home-made curried chicken croquettes, served on a bed of mixed lettuce with a chilli and mango drizzle

BRUSCHETTA BITES 9.95

Toasted baguette bites topped with a home-made tomato, basil and garlic chunky salsa and mozzarella (Vegan friendly option available 8.95 Vg)

CAPRESE TRICOLORE 9.95

Mozzarella, tomato, avocado and basil leaves with a balsamic glaze

ASPARAGUS & PARMESAN 9.95

Grilled tender green asparagus with crispy Serrano ham, served with grated parmesan cheese

BITE WINGS - SMALL 5.95 | LARGE 10.95

Crispy tender chicken wings with a choice of one sauce: Jack Daniels BBQ | Sriracha | Sweet Chilli

GUACABOWL 9.95

Home-made chunky guacamole served with corn tortilla chips



SIRLOIN STEAK 23.95

300g Irish Sirloin steak served with grilled vine tomatoes, mushrooms, a side of fries and a home-made Chimichurri sauce

(Upgrade to a "Surf & Turf" with King prawns + 6.00)

GRILLED PORK CHOP 19.95

Pan fried pork chop served with smashed new potatoes, wilted spinach and a home-made spiced apple chutney

STEAK PIE 14.95

Slow cooked succulent beef with onions, in a home-made rich gravy sauce and topped with a puff pastry crust. Served with fries and steamed vegetables

TUSCAN CHICKEN & RICE 15.95

Succulent chicken breast seasoned with Italian herbs and spices in a creamy tomato, spinach and parmesan cheese sauce, served with rice

PIRI PIRI CHICKEN KEBAB 13.95

Marinated chicken breast in a piri piri spice, pineapple, pepper, onion and courgette on a kebab skewer, served with fries OR rice

FISH & CHIPS 14.95

Chunky cod in a crispy beer batter, served with home-made tartare sauce, minted peas and fries

SALMON FILLET 17.95

Pan seared salmon on a bed of smashed new potatoes with a hollandaise and spring onion sauce, served with fresh asparagus



PAD THAI 11.95

A traditional Pad Thai of rice noodles and stir fried vegetables accompanied with a sweet and gently spiced savoury fusion sauce (Add Chicken + 2.50 | Prawns + 3.50 | Mixed + 3.00) Vg (Vegan friendly option available - without egg)

CREAMY GARLIC PRAWN PASTA 14.95

Penne pasta with king prawns in a home-made creamy sauce of chilli butter, cherry tomatoes and garlic

CHICKEN PESTO PASTA 13.95

Penne pasta with chicken breast and baby spinach in a home-made pesto cream sauce served with parmesan cheese Vg (Vegan friendly option available: made with vegan "chicken" & soya cream)

BITE BURGER 13.95

A home-made beef patty, crunchy lettuce and tomato with our signature burger sauce. Accompanied with home-made coleslaw. Served with home-made fries or salad

(Add Cheese | Goats chese | Blue cheese | Fried egg | Bacon + 1.00 | Chilli con carne | Burger patty + 3.00)

BFC (BITE FRIED CHICKEN) BURGER 13.95

A chicken breast coated in our signature crunchy seasoned breadcrumb, lettuce, tomato, sriracha & lime mayo sauce. Accompanied with home-made coleslaw. Served with home-made fries or salad

(Add Fried egg | Cheese | Bacon + 1.00)

VITE (VEGAN) BURGER 13.95

A succulent vegan burger, lettuce topped with a home-made guacamole. Served with home-made fries or salad

Sides

Green Side Salad Vg 3.95 | Fries Vg 3.95 | Sweet Potato Fries Vg 4.95 | Coleslaw V 3.95

* While we take steps to minimise risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur due to factors beyond our reasonable control. At Bite Kitchen, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies however, we cannot guarantee completely allergy-free meals. This is due to the potential of trace allergens in the working environment and supplied ingredients.



Allergens Guide

All our ingredients are 100% gluten free and all food is prepared in an area free from gluten to best avoid cross contamination.

Dairy Nuts Fish Milk Sulphur Egg Soy Shellfish
Mollusks Celery Mustard Corn Sesame Peanuts