SALADS

CHICKEN CEASAR SALAD 12.95

Grilled chicken, bacon, home-made seasoned croutons and parmesan cheese, served on a bed of crispy romaine lettuce. Tossed in a home-made Ceasar dressing

Grilled chicken, bacon, avocado, cherry tomatoes, a boiled egg and a crumble of blue cheese, served on a bed of crispy romaine lettuce Topped with a home-made vinaigrette dressing

Caramelised goats cheese, apple slices and walnuts with a mixed salad, served on a bed of mixed lettuce. Topped with a balsamic glaze

ASIAN SALAD 10.95 @ O O Vg

A mixture of crisp beansprout, radish, carrot, cabbage, red onion, cherry tomatoes, mixed peppers and lettuce. Topped with a home-made honey & sesame seed dressing (Add chicken + 2.00 | Asian style pulled pork + 2.50 • • • • | King prawns + 3.00 •)

PRAWN & AVOCADO SALAD 13.95 💿 💿 💿

King prawns, avocado, cherry tomatoes, served on a bed of mixed lettuce. Topped with a home-made Marie rose dressing

BURRATA & POMEGRANATE SALAD 12.95 • • • •

Creamy burrata cheese and pomegranate seeds, served on a bed of mixed salad with a home-made pesto oil

on a bed of mixed salad leaves with a home-made vinaigrette dressing

BURGERS

BITE BURGER 13.95 🌑 🌑

A home-made beef patty, crunchy lettuce and tomato with our signature burger sauce. Accompanied with home-made colesiaw. Served with home-made fries or salad

(Add Cheese • | Goats cheese • | Blue cheese • | Fried egg • | Bacon + 1.00 | Chilli con carne | Burger patty • + 3.00)

BFC (BITE FRIED CHICKEN) BURGER 13.95 💮 🔵 🔵 💿 🔾

A chicken breast coated in our signature crunchy seasoned breadcrumb, lettuce, tomato and a sriracha & lime mayo sauce. Accompanied with home-made coleslaw. Served with home-made fries or salad (Add Fried egg • | Cheese • | Bacon + 1.00)

CRISPY COD FISH BURGER 13.95

Chunky beer battered cod topped with home-made tartare sauce. Served with home-made fries or salad

VITE (VEGAN) BURGER 13.95 @ Vg

A succulent vegan burger with lettuce, topped with a home-made guacamole. Served with home-made fries or salad

BFC (BITE FRIED CHICKEN) WRAP 9.95 • • • • A chicken breast coated in our signature crunchy seasoned breadcrumb,

lettuce and tomato with a sriracha & lime mayo, served in a wrap. Served with home-made fries or salad

PIRI PIRI CHICKEN WRAP 10.95

Pieces of succulent Piri Piri seasoned chicken breast, pineapple and mint with a home-made mango chilli sauce, served in a wrap. Served with home-made fries or salad

TANDOORI CHICKEN & MANGO WRAP 10.95 • • •

Tandoori marinated chicken breast, fresh mango, rocket and coriander with a mango mayonnaise sauce, served in a wrap. Served with home-made fries or salad

ASIAN PULLED PORK WRAP 10.95 • • • • Asian pulled pork, crunchy oriental vegetables with a plum sauce, served in a wrap. Served with home-made fries or salad

PRAWN & AVOCADO WRAP 11.95

King prawns, avocado and lettuce with a Marie Rose sauce, served in a wrap. Served with home-made fries or salad

RAINBOW WRAP 8.95 • Vg

Home-made hummus, avocado, beetroot, tomato, cucumber and lettuce, served in a wrap. Served with home-made fries or salad (Add Feta cheese + 1.50 | Grilled chicken + 2.00 | Grilled Vegan "chicken" + 2.50)

BITE BURRITO 13.95

A beef chilli accompanied with a home-made guacamole, tomato salsa, tortilla chips & jalapeños. Served with home-made fries or salad

Bacon, crispy lettuce, tomato and mayonnaise, served between lightly toasted granary or white bread. Served with home-made fries or salad

CLUB SANDWICH 12 95

Grilled chicken breast, bacon, a fried egg, lettuce and tomato, served between lightly toasted granary or white bread. Served with home-made fries or salad

SIRLOIN STEAK SANDWICH 13.95

Sirloin steak with caramelised onions, rocket and dijon mustard, served between lightly toasted granary or white bread. Served with home-made fries or salad

● ● ● ● TUNA MELT GRILLED SANDWICH 10.95

A Tuna mayonnaise, dijon mustard, red onion and cheese, melted between granary or white bread. Served with home-made fries or salad

BACON & GOATS CHEESE GRILLED SANDWICH 10.95

Bacon, goats cheese and a drizzle of honey, melted between granary or white bread. Served with home-made fries or salad

✓ ● ● CAPRESE GRILLED SANDWICH 10.95

Mozzarella, tomato, basil leaves and a home-made pesto, melted between granary or white bread. Served with home-made fries or salad

V9 VEGAN "CHICKEN" GRILLED SANDWICH 11.95

Vegan grilled "chicken", avocado and tomato, melted between granary or white bread. Served with home-made fries or salad

SNACKS & SHARERS

vg OLIVES 1.95

Marinated green olives

vo GUCABOWL 9.95

Home-made chunky guacamole served with corn tortilla chips

Vg 🔘 🌑 🔷 HUMMUS PLATTER 11.95

Home-made hummus with a drizzle of olive oil and lemon juice, served with vegetable crudities and tortilla corn chips

• IBERIAN PLATTER 12.95

Platter of Iberian hams, Manchego cheese, Mini grissinis and olives

NACHOS 12.95

A heaped bowl of corn tortilla chips loaded with a tomato salsa, home-made guacamole, melted cheese and jalapeños (Add "Chilli con carne" + 3.00)

BITE WINGS - SMALL 5.95 | LARGE 10.95 -

Crispy tender chicken wings with a choice of one sauce: Jack Daniels BBQ • | Sriracha | Sweet Chilli

Sides		Sai	Sauces	
Side salad Vg	3.95	Basil Mayo • v	1.50	
Fries Vg (melted Parmesan • + 1.50)	3.95	Alioli Mayo • V	1.50	
		Sriracha Mayo • V	1.50	
Sweet Potato Fries Vg (melted Parmesan • + 1.50)	4.95	BBQ Sauce • V	1.50	
Garlic Bread • • V (melted cheese • + 2.00)	3.95	Chilli Mango • V	1.50	
		Vegan Mayo vg	1.50	
Home-made Coleslaw • V	3.95			



Allergens Guide

All our ingredients are 100% gluten free and all food is prepared in an



















